


# Elderly Nutrition Program December 2016

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> Chicken Enchiladas Refried Beans Spanish Rice  Pineapple Upside Cake	<b>2</b> Hamburger Stew Cheese Stick Cornbread  German Chocolate Cake
<b>5</b> Spaghetti Meatballs Green Beans Baby Carrots  Garlic Breadsticks Pineapples Tidbits	<b>6</b> Chicken Fried Steak Mashed Potatoes with gravy Vegetables Bread & Margarine Dessert	<b>7</b> Lemon Pepper Chicken Thighs Mashed Sweet Potatoes Veggie Crunch Salad Bread & Margarine Brownie with Icing	<b>8</b> Pork Roast Pork Gravy Cornbread Stuffing Vegetables Bread & Margarine Dessert	<b>9</b> Chicken Tortellini With Alfredo Peas & Pearl Onions  Wheat Dinner Roll Dessert
<b>12</b> Cornmeal Breaded Catfish Hush Puppies Coleslaw  Strawberries & Cream Pie	<b>13</b> Beef Tamales Roasted Corn & Peppers Spanish Rice  Snickerdoodle	<b>14</b> <div style="text-align: center; color: red; font-weight: bold;">CLOSED</div>	<b>15</b> Brown Beans & Rice With Ham Hocks & Ham Chopped Mixed Greens Cornbread  Dessert	<b>16</b> Breakfast for Lunch: Pancakes Sausage Links Syrup & Butter Orange Juice Tropical Fruit Salad
<b>19</b> Polish Sausage & Kraut Vegetables  Bread & Margarine Dessert	<b>20</b> Cheeseburger with Lettuce, Tomato, Onions and Pickles Potato Wedges  Lemon Bar	<b>21</b> Ham Sweet Potato Casserole Green Beans Caramel Apple Salad Dinner Roll Pecan Pie	<b>22</b> Chili with Beef & Beans Whole Wheat Crackers  Cornbread Fresh Fruit	<b>23</b> <div style="text-align: center; color: red; font-weight: bold;">CLOSED</div> <div style="text-align: center;">  </div>
<b>26</b> <div style="text-align: center; color: red; font-weight: bold;">CLOSED</div>  <div style="text-align: center; color: red; font-weight: bold;">Holiday</div>	<b>27</b> Baked Potato Bar: Chili, Cheese, Bacon, Broccoli, Cauliflower, Cheese sauce, Butter, Sour Cream  Ambrosia	<b>28</b> Tomato Florentine Soup Ham & Cheese Sandwich  Pears Brownies with Icing	<b>29</b> Chicken & Noodles Winter Blend Veg.  Dinner Roll Cake	<b>30</b> <div style="text-align: center; color: red; font-weight: bold;">CLOSED</div>  <div style="text-align: center; color: red; font-weight: bold;">Holiday</div>